

## Steroids

### Description

#### Steroids & death

One study found that within 30 days of taking just one steroid pill, people had a 500% higher rate of potentially deadly sepsis, 300% higher rate of potentially deadly blood clots, and nearly 200% higher rate of bone fractures.

Short term use of oral corticosteroids and related harms among adults in the United States: population based cohort study

Akbar K Waljee et al.

BMJ 2017; 357 doi: <https://doi.org/10.1136/bmj.j1415>

<http://ihpi.umich.edu/news/common-drugs-uncommon-risks-higher-rate-serious-problems-seen-adults-who-take-short-term-steroids>

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### Category

1. Uncategorized

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