# Treating side effects from the C V 1 9 spike protein +

## **Description**

This is an aide to our own research to share with our medical provider. We can use healthline.com, drugs.com & other trusted health websites to look up the latest information on prescription drugs, herbs, foods or other treatments possible side & interaction effects often by typing in the name of two drugs or drug/herb and interaction effects into a search engine.

Flccc.net

Americas front lined octors.org

Inflammation, allergy & blood clots

People exposed to the spike and day 8 or 10 man. People exposed to the spike protein in the short term appear to get viral infection symptoms, then at day 8 or 10 may get allergic pneumonits- oxygen loss & severe breathing problems & blood clots. Over a longer term people may get high inflammation & a large range of debilitating physical & mental symptoms. Antiviral, antihystamine, & anti-inflammatory agents appear to help most side effects & speed recovery.

## Oxygen loss

The antihystamine may stop the oxygen deficiency quickly as may lying prone with the upper body lower, on the left side, right side, & sitting up in rotation.

The anti-inflammatory turmeric (must have ginger or a little pepper to be effective) in large doses may help reduce the inflammation enough to heal the body from the damage and thin the blood mildly to reduce residual blood clots.

C V 1 9 infection & side effects

Are the side effects of getting C V 1 9/long haul syndrome/one of the four shots/proximity to people

having gotten a shot and shedding the spike protein much the same because in all cases the spike protein becomes targeted by the body & we have the spike protein in many organs (90 places in the body)?

Cognitive & neurological problems (prions, early onset Alzheimer's)
Heart attacks & blood clots
Uterus-menses restart/disregulation/miscarriage, male infertility
Liver damage
Kidney damage
Lung damage

Active & lingering C V 1 9 infections

Flccc.net, I-Mask protocol (not about masks) has most of the treatments found most effective against C V 1 9 in studies & practice. They & AmericasFrontlineDoctors.com have links to doctors in every state that will prescribe what has been shown to work right now in every country.

Do they show as the most effective for treatment-

Daily i v e r m e c t i n & zinc (50+ studies)?

9-18mg melatonin 4X a day with zinc at 100% success in stopping C V 1 9 acute respiratory distress syndrome ARDS in seven days with no ventilation vs 35% of placebo group died & rest took 14 days to discharge?

High dose (up to 50g/day) intravenous sodium ascorbate at stopping even ARDS at 100%Treating C V 1 9, long haul, shot side effects, proximity effects & does lecithin liposomal vitC approach the effectiveness of intravenous?

1.5 mg of liquid cholecalciferol (vitD3) for a week then 0.2mg/200mcg daily stop C V 1 9 & is taking it under the tongue & gums 2x more effective?

Does lorinse iodine (500x stronger than povidine) breathed in for a few minutes or used as mouth rinse & gargle & sprayed in nose every hour stop possibly all known respiratory infections? Brushed on teeth & gums cavities & peridontal disease?

Is Lugol's next best, then povidine at 0.5%?with 0.5% iodine stop C V 1 9?

https://covid19.onedaymd.com/2022/02/an-easy-and-effective-shield-to-protect.html?m=1

mercola.com

Does food grade hydrogen peroxide at 35% work breathed in even without a nebulizer against respiratory infections? 3%? 0.1% along with mouth rinse & gargle?

Nebulization, nose spray, gargling with 0.5% iodine &/or 0.1-3% food grade hydrogen peroxide/iota carageenan (red sea algae) also have evidence of being 100% effective against C V 1 9?

Antibiotics doxycycline/teicoplanin/azithromycin?

Blood pressure drug losartin?

Fluvoxamine (60 Minutes)?

Nicotine replacements?

Anti-inflammatory Colchicine>

Corticosteroids especially inhaled like budesonide?

Convalescent Plasma?
Interferon?
Leeks?
Licorice root?
Stinging nettle?
Parastoo Tarighi, Samane Eftekhari, Milad Chizari, Mahsa Sabernavaei, Davod Jafari, Parastoo

A review of potential suggested drugs for coronavirus disease (COVID-19) treatment, European Journal of Pharmacology, Volume 895, 2021, 173890, ISSN 0014-2999, https://doi.org/10.1016/j.ejphar.2021.173890.

https://www.sciencedirect.com/science/article/pii/S0014299921000431?dgcid=rss\_sd\_all

Inhaled budesonide in the treatment of early COVID-19 (STOIC): a phase 2, open-label, randomised controlled trial

Sanjay Ramakrishnan, MBBS, Dan V Nicolau Jr, PhD, Beverly Langford, RGN, Mahdi Mahdi, BSc, Helen Jeffers, RGN, Christine Mwasuku, PGDip et al.

Lancet Respir Med 2021 Published Online April 9, 2021 https://doi.org/10.1016/ S2213-2600(21)00160-

## It's not your fault

For those 41% who got a C V 1 9 shot (in the US) & elsewhere & are bewildered by the side effects, the deaths, the skyrocketing new infection rate after the shot & the viral spike protein shedding that's giving others symptoms, it is not your fault. You did not ask for this. You were told it was effective & safe & lied to with billions of dollars through decades of deception. God loves you. You are only responsible for what you do now, at this time, knowing that you may be less safe to the people around you who are vulnerable.

Are doctors reporting occasional cases of women getting miscarriages, altered menses or menses years after menopause when partners have gotten the shot? Do we need research to know how close of contact, how many people, how good the ventilation especially in bathrooms, who sheds the most spike protein particles and when, what reduces the shedding, and what reduces the immune reaction to being near people who've gotten the shot?

Should by the precautionary principle women who are pregnant & their babies may be most vulnerable & might consider avoiding close contact with anyone who has gotten a shot against C V 1 9 that makes them shed the spike protein? Same with people who are older, have chronic illnesses like diabetes & heart disease?

## Distancing

Have some people who have gotten none of the shots have found that when spending time indoors with select or many people who got one of the four shots they are sometimes getting symptoms of the vaccine itself? Is this due to something akin to viral shedding when sick with a virus- people who got a C V 1 9 shot putting out the spike protein particles the shot has them make and people who are unvaccinated getting reactions to it as if they gotten one of the shots because we have spike proteins all over our bodies including uterus, male genetalia, heart, liver, etc? Does our immune system then attack our own tissue?

Would it help people of vulnerable groups like women who are pregnant, people who are older, people who have chronic disease especially heart problems to meet people outside or if inside the people visiting having their back to the window with a fan blowing out & with safer nylon masks? Should they consider being extra cautious with a woman who is pregnant as the uterus has a lot of spike proteins & the fetus is very vulnerable to the vaccination or an antibody response from the Mother due to exposure to viral shedding of the spike protein by people who got the shot?

What may prevent/end the side effects of C V 1 9, long haul, the shot, exposure indoors to person who got a shot?

#### Vitamin D3

Has a doctor reported good results in using high vitamin D3 (over 150ng/ml) to reduce autoimmune diseases by 95% on VitaminDwiki.com (not wikipedia)?

Have studies showing high dose vitamin D3 up to 25mg a day may be safe if vitamin K2, magnesium, & EPA & DHA omega 3 (organic spirulina with a vegetable) levels are high?

## Low dose naltrexone

Does low dose naltrexone appears to reduce autoimmune diseases/cancer/increase social understanding & reduce aggression in autism?

Anti-inflammatory antivirals & anti-inflammatories & blood thinning

Because of the extra vulnerability are following the guidelines at I-Mask for prevention of C V 1 9 crucial? Are high dose melatonin & ivermectin (both with zinc) \the best in studies to stop C V 1 9 infections & long haul infection symptoms? Are they anti-inflammatory to help the side effects & anti C V 1 9 to stop the possible infection? Does alpha lipoic acid before or after meals 300-600mg (perhaps not immediately with medications) & astaxanthin for people who are on blood thinners, & turmeric & ginger for people not on blood thinners, & holy basil all anti-inflammatories that may help prevent/recover from the damage of the shot spike protein attack by the body on it's own spike protein filled tissues? Might the mild blood thinning of the turmeric & ginger may also prevent blood clots? Could half of a baby aspirin before & after sleeping overnight help prevent blood clotting without significantly increasing internal bleeding as any higher doses of aspirin appears to? Did a study of people who've had heart attacks and are at high risk of 2nd see 75% reduction with that regimen?

#### Bed elevation

Does elevating the head of the bed by six inches (pillows or blocks under the legs) appear to help prevent heart attacks that are most common the three hours before & after waking because lying flat default Wa causes a buildup of fluids that use gravity to move through the body?

## Strophanthus

Can strophanthus be used as a complement to medicines that thin the blood like aspirin because it does not thin the blood but does reduce blood clots? Is Strophanthus the plant the drug ouabain comes from that has been used for hundreds of years against heart disease & congestive heart failure? Does it appear to be able to stop the damage from a heart attack the sooner it's given after the attack as well as congestive heart failure as well as being an antiviral itself? May it help ameliorate some of the heart damage from C V 1 9/longhaul/shot/proximity? Does it work perhaps in part by converting heart damaging lactic acid into heart fueling pyruvate; stimulate the sodium-potassium pump to excrete sodium (opposite of digitalis/cardiac glycosides) & reduce swelling & increase blood flow without blood thinning; increase parasympathetic activation but without the side effects of beta blockers?

Does strophanthus in liquid form taken in a drop under the tongue 3-5X a day have little to no side effects and increase absorption & stabilize blood levels much better than oral oubain capsules?

#### Category

1. CV19

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