

Meds- oral vs sublingual vs liposomal

Description

Sublingual absorption-

Taking medications under the tongue may double the strength, speed & length of effect vs oral ingestion

Liposomal

Taking medications with lecithin liposomes appears up to 4x stronger than orally. Palmitate liposomes aren't as effective.

Tissue distribution of EDTA encapsulated within liposomes of varying surface properties. Jonah MM, Cerny EA, Rahman YE. Biochim Biophys Acta. 1975 Sep 2;401(3):336-48. doi: 10.1016/0005-2736(75)90234-5. PMID: 810161. pubmed.ncbi.nlm.nih.gov/810161/

Category

1. Uncategorized

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