Red root

**Description**

To Jesus:

Saving this to a â??Healthâ?• folder may make access easier

Use this as an aide to your research & share with your doctor as appropriate.

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You can use drugs.com or other trusted health websites to look up the latest information on
prescription drugs, herbs, foods or other treatments possible side & interaction effects.

Red root

Red root is an herb that may help the spleen if anemic (especially if thalassemic) or chronically swollen lymph nodes.  It has been used with respiratory infections.

nittygrittylife.com/lymphatic-herbs-ceanothus-red-root

Banerjee A, Chakrabarty SB, Karmakar SR, Chakrabarty A, Biswas SJ, Haque S, Das D, Paul S, Mandal B, Naoual B, Belon P, Khuda-

Bukhsh AR. Can homeopathy bring additional benefits to thalassemic patients on hydroxyurea therapy? Encouraging results of a preliminary study. Evid Based Complement Alternat Med. 2010 Mar;7(1):129-36. doi: 10.1093/ecam/nem161. Epub 2007 Oct 29. PMID: 18955271; PMCID: PMC2816384.

**Category**

1. Uncategorized

**Date Created**
September 9, 2024
**Author**
biggs

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