

## Mushrooms

### Description

Agaricus blazei

Agaricus blazei mushrooms in studies & in use by the Sloan Kettering Institute appear to reduce cancer & to clean out the arteries, reduce blood sugar levels, inflammation in Crohn's/ulcerative colitis, osteoporosis, fight viral & bacterial infections, & treat hepatitis.

[mskcc.org/cancer-care/integrative-medicine/herbs/agaricus](https://mskcc.org/cancer-care/integrative-medicine/herbs/agaricus)

[healthyfocus.org/agaricus-blazei-benefits/](https://healthyfocus.org/agaricus-blazei-benefits/)

default watermark

### Category

1. Uncategorized

### Date Created

March 2023

### Author

biggs