

Hydrogen peroxide

## Description

Hydrogen peroxide

Food grade safest

Stopping respiratory infections viral/bacterial/fungal by strength of benefit:

Opening top & breathing in vapors nose then mouth for a few minutes (while watching video)

Nebulization for a half hour

Nasal spray

Mouth rinse & gargle

Brush gums (kill periodontal infection)

Garden:

1 cup 1 gallon water at night stops bad bugs

1 cup in barrel top stops mosquitos

House plants stops root rot

1 to 1 water & 3% H2O2

Pour onto roots, not leaves

Clothes bleach

Sinus infection

Foot fungus

**Category**

1. Uncategorized

**Date Created**

April 2023

**Author**

biggs

default watermark