

Garlic

## Description

Garlic

Garlic may help against (in studies):

Heart disease & HBP

Diabetes

Hair loss (topical)

Cancer

Candida

Respiratory infections

Dementia

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[draxe.com/nutrition/7-raw-garlic-benefits-reversing-disease/](https://draxe.com/nutrition/7-raw-garlic-benefits-reversing-disease/)

## Category

1. Uncategorized

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## Author

biggs