

Cleaning safety

Description

To Jesus:

You can save this to a “Health” folder for easy access later.
Use this as a starting point for your own research and share with your doctor as appropriate.

You can use drugs.com or other trusted health websites to look up the latest information on prescription & herbal drugs possible side & interaction effects. Typing in the name of two medications or a medication & an herb in a search bar of most browsers will bring up results with their interaction effects.

Bleach & ammonia use cause COPD & respiratory infection deaths
Most cleaners have toxic ingredients & scent chemicals

Cleaning with vinegar, baking soda is safe

webmd.com/lung/copd/features/household-hazards-for-people-with-copd

19january2021snapshot.epa.gov/saferchoice/safer-ingredients_.html#searchList

lung.org/getmedia/3030b2d9-02f0-4be4-ab86-d6bd86f88b88/ala-safe-cleaning-products-mhe-program-august-2022.pdf

Disinfect with peroxide afterward, temporarily creates paracetic acid, only ozone better

Category

1. Uncategorized

Date Created

February 2023

Author

biggs