

Certifications Herbs

Description

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Here's some certifications or registrations to look for on supplements & herbs:

USP may be best because they buy products in stores & test 6x a year

<http://www.usp.org/usp-verification-services/usp-verified-dietary-supplements/verified-supplements/participating-companies>

[Quality Supplements](#)

GMP includes testing for professional sports banned lists

[Certifications](#)

NSF

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UL

Consumerlab has testing available to review by prescription

[ConsumerLab.com – independent tests and reviews of vitamin, mineral, and herbal supplements | Consumerlab.com](#)

Pharmaceutical grade is a higher level of purity & review in manufacturing as well.

US manufacturing & processing may have better supervision even of pharmaceutical grade

<https://www.consumerreports.org/supplements/how-to-choose-supplements-wisely>

Category

1. Uncategorized

Date Created

August 2021

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