

Berberine

Description

To Jesus:

Saving this to a “Health” email folder may ease access.

Use this as an aide to your own research and share with your doctor as appropriate.

You can use [drugs.com](https://www.drugs.com) or other trusted health websites to look up the latest information on prescription drugs, herbs, foods or other treatments possible side & interaction effects.

Berberine

Berberine appears to reduce blood sugar as much as metformin but with lower adverse side effects & more beneficial side effects, & also ~~reduce fatty liver, depression, anxiety, PTSD, & as a potent pain~~

reliever helps opiate withdrawal.

Reverences from:

takecontrol.substack.com/p/berberine-natural-option-ozempic#footnote-45-129390089 –

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Category

1. Uncategorized

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